

Dr. *B*ellandra Foster
Small Business and Life Transition Coach®

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Dr. Bellandra B. Foster, PE

Dr. Bellandra B. Foster is a sought after small business and life transition coach in addition to being the founder and owner of BBFoster Consulting, PC. Married for over 35 years and the mother of two sons, she has created a formula for combining a successful professional life with a peaceful, nurturing household. Dr. Foster earned her Ph.D. in Civil Engineering from Michigan State University, worked in industry—then founded her own companies. She is a popular speaker on “building bridges” to achieve success in marriage, family, career and entrepreneurship. Dr. Foster has been nationally recognized in *Black Enterprise*, *Essence* and *Jet* magazines. She is an ACC certified member of the International Coach Federation (ICF).

Balancing and prioritizing life and family as an entrepreneur can be very difficult. Being a business owner can be very intimidating, especially if you don't have someone to stand with you to help guide and encourage you towards success. As a coach, she loves to work with aspiring and experienced business owners and persons facing life “transition” decisions. Her experience as a successful entrepreneur has taught her the art of starting and operating a successful and profitable business.

Dr. Foster is the author of: ***For Love and Money: Seven Guidelines for Achieving Success in Your Home and Business*** and ***Surviving a Climate of Hate: Valuing Yourself in Spite of Bullying, Racism and Sexism***. She shares practical lessons and principals of how readers can prioritize God, marriage, family, career and entrepreneurship while maintaining order, success and peace in their lives. She explains ways to transition into entrepreneurship when we no longer have the job that we trusted would be there until retirement and we question our stability working for a company. Dr. Foster helps the reader to understand that we can successfully navigate our path in life from hurt to HOPE and VICTORY. She stresses than we can be successful to accomplish our life's calling with the implementation of the right principles and priority.

Dr. Foster believes the successful go back and grab the hand of someone else. From her journey to Michigan State, where she earned her Ph.D. in Engineering, to founding successful engineering companies, she knows firsthand the big difference a little help can make.

As a small business, and life transition coach, she helps her clients to prioritize life, lead effectively and enthusiastically achieve their goals in the home and in business.

“I want everyone to know that achieving your unique definition of success is possible,”. “God has provided each of us with everything we need. And of course, when you get to that place you call ‘success’, remember to reach back for someone else.”





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